



**FRESH RIVER
HEALTHCARE**



Outcome: Parkinson Disease Diagnosis/LSVT

Mr. P is a 59 year male who was living in a residential home with his wife and a family member for help as caretakers. He was admitted to the hospital due to visual hallucinations and worsening paranoia related to his diagnosis of more than 15 years - Parkinson disease.

While in the hospital Mr. P lost his mobility and was completely reliant on staff for all self care and mobility leading to the need for admission to a skilled nursing facility for skilled care and rehabilitation.

PMH: Parkinson disease, dementia r/t PD, neurocognitive disorder, GERD, PD psychosis.

Treatment: Mr. P participated with PT, OT and SLP services including: LSVT Big & LSVT Loud, Synchrony treatment, as well as traditional treatments of strengthening, balance, functional skill re-training of bed mobility, transfer, gait and self care skills.

Length of Stay: 23 days

Discharge Status: To an assisted living facility

	Prior level	Evaluation	Discharge Status
Bed mobility & Transfers	Indep	Moderate Assist	Independent
Toileting	Indep	MAX assist	Indep with grab bars
Self care	Indep	MAX A	Standby/minimal assist
Walking	Indep	Contact guard 325 feet	Independent 1000+ feet
Tinetti balance	N/a	8/28	24/28

6 MIN WALK TEST	Pre/Eval	Post/Discharge
Gait speed	0.275 m/sec	1.02 m/sec
<i>Ave. distance for males 60-69 y.o—1876 feet</i>	325 feet contact guard	1215 feet Indep

LSVT Loud	Pre	Post
Sound pressure Ave 70-75 dB SPL	63 dB	76 dB

*Results and experience vary by patient.

** Patient information appears with express written consent.

Fresh River Healthcare’s Parkinson Disease Program is a comprehensive management of the person’s medical, functional, and behavioral needs with a focus on promoting independence and safety.